School Board Agenda
Oregon City School District, June 12, 2017

The Board of Education will meet in Executive Session beginning at 6:00 p.m., in Room 115 at the Jackson Building, 1306 12th Street, Oregon City, to discuss bargaining and property matters pursuant to ORS 192.660(2)(d) and (e).

NOTICE TO MEDIA: In accordance with ORS 192.660(4) regarding Executive Sessions, news media representatives may not be allowed to attend portions dealing with collective bargaining strategy or consideration of student expulsion. All other matters discussed in Executive Session must remain undisclosed.

Executive Session Agenda:

- Property
- Collective Bargaining

At the conclusion of Executive Session the Board will enter into a Work Session to discuss the items below:

Work Session Agenda:

- Renewal of Springwater Environmental Sciences School Charter

The Board of Education will meet in Regular Session beginning at 7:00 p.m. in the District Board Room at the Jackson Building, 1306 12th Street, Oregon City.

Please silence all electronic devices before the meeting begins.

Regular Meeting Agenda:

1. CALL TO ORDER
2. FOCUS ON LEARNING
   K-12 Comprehensive Health Education Plan
3. GOOD NEWS
   2017 Boys State Track & Field Champions
   Congratulations Class of 2017
   Los Exploradores – PreK Spanish Two-Way Immersion
4. PATRON INPUT
   Visitors who have not previously arranged with the Superintendent to appear before the Board may be heard by signing in on the form found beside the agenda packets near the door.
5. REPORTS
   Clackamas County Health – OCHS School Based Health Center
   School Safety: New Tip Line Effective July 1, 2017
   Oregon City School District & Clackamas Community College Shared Use Pathway Project
6. BOARD COMMUNICATION
   Ex Officio Members: OCHS, OCEA and OSEA representatives
   Recognition of Service

7. DISCUSSION
   First Reading of Policies – Wes Rogers
   Budget Development – Susan Dodd
   Bond Renewal – Wes Rogers

8. ACTION ITEMS

   A. CONSENT AGENDA
      1. Approve minutes: May 8, 2017 Regular Session
         May 22, 2017 Special Session
      2. 1617-20 Approve Licensed Appointments
      3. 1617-444 Approve Out of District and Overnight Travel

   B. 1617-445 Establish 2017-18 School Board Meeting Schedule
   C. 1617-446 Adopt Policy EFA Local Wellness Program
   D. 1617-447 Adopt Policy EFA-AR Local Wellness Program

9. Other items requiring action by the Board (addendum)

10. ADJOURNMENT

NEXT MEETING:

    July 10, 2017     Regular Board Meeting
Oregon City School District  
School Board Meeting  
Consent Agenda

Approve Minutes of May 8, 2017

The Board of Education of Oregon City Schools met in regular session on May 8, 2017, beginning at 7:01pm. Members present were: Cameron Seward, Connie Curteeman, Nicole White, Troy Bolinger, Sioghan Gwozdz, Evon Tekorius and Chris Storey. Present from Administration: Larry Didway, Superintendent, John Ogden, Director of Human Resources, Carol Sanders, Director of School Improvement, Wes Rogers, Director of Operations, Cyndi Panko, Director of Special Services, Mike Loretz, Director of Special Programs and Susan Dodd, Chief Financial Officer. Also present were ex officio members Lilli Bui, Kathleen O’Brien and Brenda Roland. Others: 41.

Cameron Seward called the meeting to order, he then led the meeting attendees in the flag salute.

FOCUS ON LEARNING:
Jennifer Bell, Beth Fraze, and Meg Sundseth, Teachers on Special Assignment (TOSA), spoke to the Board about the Elementary Professional Learning Conference: All Means All that was held on April 17, 2017. The TOSA’s shared that All means All: Mindful Practice was a focus of the conference which was offered to K-5 teachers and specialists, with 225 attendees. The Keynote speaker was Markisha Smith, Director of ODE Equity Unit. 47 sessions were held with 37 presenters, 34 of which were OCSD staff. The team also shared that the OCHS Equity Team comprised of students, shared their experiences in the program and their hope for the future. The TOSA’s shared that another conference is being planned for next year.

GOOD NEWS:
Tom Lovell, OCHS Principal, shared the Oregon City High School Lip Dub video, ‘We’re All in this Together’. Mr. Lovell stated that the OCHS Student Council organizes and films the Lip Dub and that the video includes students and staff and ties into Unity Week. He also said there is a longer version on the OCHS website.

Cyndi Panko, Director of Specials Services, introduced members of the Oregon City School District Unified Sports Team. The coach, Steven Allen spoke about how the team was started, how it promotes social inclusion through sport, and how with just a short time frame the team came together to compete as a Unified Sports Team in the Special Olympics. Mr. Allen acknowledged that many people worked to bring the team together – Natalie Schaad, Occupation Therapist, Jose Rankin-Cary, Dori Jones, and Ryan Smith. Steven Allen also thanked the kids and parents for their support and said the team was also invited to the Portland Trailblazer Practice Facility and to play at the Nike Hoop Summit Game at half-time. Several Team members shared their experiences of the events. A short video of the team was shown.

Cyndi Panko shared with the Board that Gaffney Lane Elementary staff Danielle Butler, Speech Specialist and Elizabeth Wong, 3rd grade teacher, were awarded Century Link Foundation Technology Grants. Ms. Butler’s grant is for $5000 and will be used for assistance technology, and Ms. Wong’s grant is for $3000 and will be used for Robots Dash & Dots Coding Program. A video was shared about the use of technology to help prepare kids for the future.

Chris Davison, Sodexo Nutrition Services Supervisor, addressed the Board and expressed his appreciation of the partnership that Sodexo has with the Oregon City School District. He presented a $500 check to the District for the yearly scholarship which goes to a deserving graduate of Oregon City High School.
PATRON INPUT:
No patron input.

REPORTS:
Ogden Middle School Teacher, Benjamin Rickard, spoke about his AVID 7th grade students and their field trip to Western College. The AVID students also shared their experience of the trip.

Bond Renewal Planning: Wes Rogers gave the Board a short report on the Bond Renewal process. Mr. Rogers spoke about the facilities task committee report which was shared with the community. He also said the results of a voter survey showed that more time was needed for connection with community. Mr. Rogers said that a steering committee will be getting together and looking at a November 2018 date for putting the bond renewal on the ballot. A revised plan will be available next month.

BOARD COMMUNICATION: Lilli Bui, OCHS Representative, shared events happening at the high school which included AP Testing, Honor Cord Banquet, Track and Tennis Teams going to Districts, the Band going to Victoria, BC, and a beach cleanup.

Kathleen O’Brien, OSEA Representative, gave a shout out to all teachers for “Teacher Appreciation”. She shared information about the Oregon Pupil Transportation Association 2017 Safety Exercises Competition.

Brenda Roland, OCEA Representative, shared information which included that OCEA election results will be announced soon, as warm weather approaches she asked parents to check websites about appropriate clothing, especially shoes, and Mrs. Roland shared about a NW Turn Conference.

DISCUSSION:
First Reading of Policies – Wes Rogers addressed new policies for 1st readings – EFA – Local Wellness Program and EFA-AR- Local Wellness Program-AR (information only)

A discussion was held on EFA Local Wellness Policy.

Budget Development:
Larry Didway reminded the Board & Public about the budget development process. Mr. Didway said the budget framework will be presented on May 22, 2017. The committee has been working since November 2016 to prepare the budget framework and slides were shared that show what is being addressed while forming the budget. Mr. Didway also gave a legislative update. A discussion was held on Measure 98.

Safe and Welcoming Schools for All:
A discussion was held on the two resolutions adopted in March regarding Equity – 1617-425 Adopt Policy GCCB/GDCB/IKAA-EQUITY and 1617-426 Affirm District Commitment To Safe, Caring & Inclusive Learning Environments. The wording of the roll out of the resolutions was discussed. Cameron Seward tabled further discussion until the May 22nd Board Work Session.

ACTION ITEMS:
Connie Curteman moved, Evon Tekorius seconded to approve the consent agenda. The motion was unanimously approved.

Evon Tekorius moved, Nicole White seconded to approve Resolution 1617-236 Adjut Budget Appropriations for 2016-17. Motion was unanimously approved.

Chris Storey moved, Siobhan Gwozd moved, to approve Resolution 1617-237 Approve Recommended Increases in the District Meal Prices for the 2017-18 School Year. The motion was unanimously approved.
Connie Curteman moved, Nicole White seconded to approve Resolution 1617-238 Approve Renewal of Food Service Management Contract with Sodexo for the 2017-18 School Year. Motion was unanimously approved.

Evon Tekorius moved, Siobhan Gwozdz seconded to approve Resolution 1617-441 Adopt 2017-18 (Final Version) & 2018-19 Calendar Framework. Motion was unanimously approved.

Chris Storey moved, Siobhan Gwozdz seconded to approve Resolution 1617-239 Approve the Facility Use Fee Schedule for the 2017-18 School Year. Motion was unanimously approved.

Nicole White moved, Evon Tekorius seconded to approve Resolution 1617-442 Adopt Policy DFG Income from Student Program-Related Sales and Services. Motion was unanimously approved.

Chris Storey moved, Connie Curteman seconded to approve Resolution 1617-443 Adopt Policy DLBA Advance Salary Payments. Motion was unanimously approved.

Connie Curteman moved, Nicole White seconded to approve Resolution 1617-240 Approval of Contracts in Excess of $150,000 for the 2016-17 School Year. Motion was unanimously approved.


A reminder was given for patrons to complete May ballots.

Meeting was adjourned at 9:52pm.
Oregon City School District
Board Budget Committee Meeting

Minutes of May 22, 2017

The Board of Education of Oregon City School District, along with the Budget Committee met on May 22, 2017 at the District Board Room, 1306 12th Street, Oregon City, OR. The meeting started at 6:00p.m. Board members present were Nicole White, Evon Tekorius, Chris Storey, Troy Bolinger, Siobhan Gwozdz, Connie Curtman and Cameron Seward. Budget Committee members present were Teri Sipes, Paul Kelly, Lisa Bui, Angela Sroufe, Shawn Dachtler, Shelly McCoy, and Amy Moran. Present from Administration were: Larry Didway, Superintendent, John Ogden, Director of Operations, Wes Rogers, Director of Operations, Carol Sanders, Director of Teaching and Learning, Susan Dodd, Chief Financial Officer, and Cyndi Panko, Director of Special Services.

The meeting was called to order by Cameron Seward.

Susan Dodd reviewed the role of the Budget Committee and shared the 2017-18 Budget Calendar.

Mr. Seward called for nominations for Budget Committee Chair.

Lisa Bui was nominated for Budget Committee Chair. The nomination was unanimously approved.

Shawn Dachtler was nominated for Budget Committee Vice Chair. Nomination was unanimously approved.

Larry Didway presented the financial update which included information on the 2016-17 History & Forecast, Historical Fund Balance and District Enrollment Trends. He also shared the District Mission and Board Priorities and information on the State Budget Environment. Mr. Didway also presented the budget message and review of the budget parameters.

Susan Dodd presented the budget and reviewed the document with the Board.

A discussion on the proposed budget was held; questions were answered and those that were not answered will be answered at the June 5, 2017 meeting.

Meeting was adjourned.
Oregon City School District
Special Session Board Committee Meeting

May 22, 2017

The Oregon City School Board met in Special Session to consider the following resolutions:

1617-241 Approve Purchase of Modular Classroom Building
1617-242 Approve Finance Package for Modular Classroom Building & Previously Authorized Vehicle Purchase

Action:

Chris Storey moved, Connie Curteman seconded to approve Resolution 1617-241 Approve Purchase of Modular Classroom Building. Motion was unanimously approved.

Chris Storey moved, Connie Curteman seconded to approve Resolution 16174-242 Approve Finance Package for Modular Classroom Building & Previously Authorized Vehicle Purchase.

Meeting was adjourned.
Oregon City School District
School Board Meeting
Consent Agenda Continued

**1617-20 APPROVE LICENSED APPOINTMENTS FOR 2017-18**

Contact: John Ogden

**Discussion:**
The following are recommended for approval to fill vacant positions in the District for the 2017-18 school year.

**Recommendation:**
Approve.

**1617-20 APPROVE LICENSED APPOINTMENTS FOR 2017-18**
BE IT RESOLVED that the following be appointed to licensed positions for the 2017-18 school year:

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<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>HIRE DATE</th>
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<tbody>
<tr>
<td>Wilcox, Tiffany</td>
<td>Spanish Teacher</td>
<td>8/28/2017</td>
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<tr>
<td>OMS</td>
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<tr>
<td>Sorensen, Hannah</td>
<td>SLP</td>
<td>8/28/2017</td>
</tr>
<tr>
<td>Special Services</td>
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<tr>
<td>Whiting, Robert</td>
<td>PE Teacher</td>
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<tr>
<td>Snyder, Janice</td>
<td>IMC Coordinator</td>
<td>8/28/2017</td>
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<tr>
<td>IMC</td>
<td>.50FTE (TEMP)</td>
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<tr>
<td>Hanson, Jessica</td>
<td>SLP</td>
<td>8/28/2017</td>
</tr>
<tr>
<td>Special Services</td>
<td>1.0FTE</td>
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<tr>
<td>Vetter, Jayne</td>
<td>Consumer/Family Teacher</td>
<td>8/28/2017</td>
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<tr>
<td>OCHS</td>
<td>.50FTE (Temp 2)</td>
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<td>GED + Itinerant</td>
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<tr>
<td>Jackson Prep</td>
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<td>Canty, Sheila</td>
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<tr>
<td>Special Services</td>
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<tr>
<td>Sax, Jana</td>
<td>Math Teacher</td>
<td>8/28/2107</td>
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<tr>
<td>OMS</td>
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Oregon City School District
School Board Meeting
Consent Agenda Continued

1617-444 Approve Out of District and Overnight Travel

Contact: Larry Didway

Discussion:
The listed group has requested approval to travel outside of the District and stay overnight. The request has the support of the administration.

Recommendation: Approve.

1617-444 APPROVE OUT OF DISTRICT AND OVERNIGHT TRAVEL

BE IT RESOLVED that the following travel be approved:

June 17-18, 2017, OCHS Boys Basketball Team, Border War Basketball Tournament, Longview, WA
June 23-25, 2017, OCHS Boys Basketball Team, Curtis Tourney, Tacoma, WA
June 29-July 2, 2017, OCHS Cheer and Dance Team, Camp @ Western Oregon University, Monmouth, OR
July 6-10, 2017, OCHS Boys Basketball Team, Mid America Youth Basketball, Denver, CO
July 13-17, 2017, OCHS Girls Basketball Team, USCD Tournament, San Diego, CA
July 19-24, 2017, OCHS Boys Basketball Team, Las Vegas Live by Bigfoot Hoop, Las Vegas, NV
July 23-25, 2017, OCHS Girls Basketball Team, End of the Trail Bay Area Ultimate Challenge Tournament, Walnut Creek, CA
October 29-20, 2017, OC DECA, Oregon Leadership Institute – Bend, OR
November 16-18, 2017, OC DECA, Western Region Leadership Conference – Phoenix, AZ
February 11-13, 2018, OC DECA, Oregon DCA Career Development Conference, Portland, OR
April 21-24, 2018, OC DECA, DECA International Career Development Conference, Atlanta, GA
Oregon City School District
School Board Meeting

1617-445 Establish 2017-18 School Board Meeting Schedule

Contact: Larry Didway

Discussion:
Board Policy BC/BOCA provides that each year the Board of Education must establish the dates, time and place of its monthly meetings. It is recommended that the Board continue to meet in regular session on the second Monday of each month, beginning at 7:00 p.m. in the District Board Room.

Recommendation:
Approve.

1617-445 ESTABLISH 2017-18 SCHOOL BOARD MEETING SCHEDULE
WHEREAS, the Board of Directors of Oregon City School District No. 62 holds regularly scheduled monthly meetings,

BE IT RESOLVED that the following meeting dates, on the second Monday of each month be established for the 2017-18 school year.

BE IT FURTHER RESOLVED, that the meetings be held in the board room at the Jackson Building, 1306 12th Street, beginning at 7:00 p.m.

<table>
<thead>
<tr>
<th>July 10, 2017</th>
<th>August 14, 2017</th>
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<tr>
<td>September 11, 2017</td>
<td>October 9, 2017</td>
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<td>November 13, 2017</td>
<td>December 11, 2017</td>
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<td>January 8, 2018</td>
<td>February 12, 2018</td>
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<td>March 12, 2018</td>
<td>April 9, 2018</td>
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<tr>
<td>May 14, 2018</td>
<td>June 11, 2018</td>
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<td>July 9, 2018</td>
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Discussion:
Policy EFA was presented at the May 8, 2017 regular meeting for first reading and is recommended for adoption.

Recommendation:
Approve

**1617-446 ADOPT POLICY EFA LOCAL WELLNESS PROGRAM**
BE IT RESOLVED THAT Policy EFA be approved.
Local Wellness Program

The district is committed to the optimal development of every student and believes that a positive, safe and health-promoting learning environment is necessary for students to have the opportunity to achieve personal, academic, developmental and social success. The Board recognizes that childhood obesity has become an epidemic in Oregon as well as throughout the nation. Research indicates that obesity and many diseases associated with obesity are largely preventable through diet and regular physical activity. Additional research indicated that healthy eating patterns and increased physical activity are essential for students to achieve their academic potential, full physical and mental growth and lifelong health and well-being.

To help ensure students possess the knowledge and skills necessary to make healthy choices for a lifetime, the superintendent shall prepare and implement a comprehensive district nutrition program consistent with state and federal requirements for districts sponsoring the National School Lunch Program (NSLP) and/or the School Breakfast Program (SBP). The program shall reflect the Board’s commitment to providing adequate time for instruction that fosters healthy eating through nutrition education and promotion, serving healthy and appealing foods at district schools, developing food-use guidelines for staff and establishing liaisons with nutrition service providers, as appropriate.

The input of staff (including, but not limited to, physical education and school health professionals), students, parents, the public, the Board, school administrators, representatives of the school food authority and public health professionals will be encouraged in the development of wellness policy. The superintendent or designee will develop administrative regulations as necessary to implement the goals of the local wellness plan and ensure compliance of such policy throughout the district.

WELLNESS POLICY IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND COMMUNITY ENGAGEMENT

Implementation Plan

The district shall develop and maintain a plan to manage and coordinate the implementation of this wellness policy.

The plan will:

1. Delineate roles, responsibilities, actions and timelines specific to each school;

2. Include information about who will be responsible to make what change, by how much, where and when;

3. Include specific goals and objectives for nutrition standards for all foods and beverages available on the school campus, and in food and beverage marketing; and
4. Include specific goals and objectives for nutrition promotion and education, physical activity, physical education and other school-based activities that promote student wellness.
In an effort to measure the implementation of this policy, the Board designates the district principals as the people who will be responsible for ensuring each school meets the goals outlined in this policy.

**Record Keeping**

The district will retain the following records to document compliance with the requirements of the wellness policy at the district's administrative office.

1. The written wellness policy;
2. Documentation demonstrating that the policy has been made available to the public;
3. Documentation of efforts to review and update the local wellness policy, including an indication of who is involved in the update and the methods the district uses to make stakeholders aware of their ability to participate;
4. Documentation to demonstrate compliance with the annual public notification requirements;
5. The most recent assessment on the implementation of the local wellness policy;
6. Documentation demonstrating the most recent assessment on the implementation of the local wellness policy has been made available to the public.

**Annual Notification of Policy**

The district will make available to the public annually, an assessment of the implementation, including the extent to which the schools are in compliance with policy, how the policy compares to model policy and a description of the progress being made in attaining the goals of the policy. The district will make this information available through the district website and/or district-wide communications. The district will also publicize the name and contact information of the district or school official(s) leading and coordinating the policy, as well as information on how the public can get involved with the local wellness policy.

**Triennial Progress Assessments**

At least once every three years, the district will evaluate compliance with the local wellness policy, to assess the implementation of the policy and produce a triennial progress report that will include:

1. The extent to which schools under the jurisdiction of the district are in compliance with the policy;
2. The extent to which the district's policy compares to model wellness policy; and
3. A description of the progress made in attaining the goals of the district's policy.

The district will actively notify households/families of the availability of the triennial progress report.
Revisions and Updating the Policy

The district will update or modify the local wellness policy based on the results of the triennial assessments and/or as district priorities change; community needs change; wellness goals are met; new health science, information and technology emerge; and new federal or state guidance or standards are issued. The local wellness policy will be assessed and updated as indicated at least every three years following the triennial assessment.

Community Involvement, Outreach and Communications

The district will actively communicate ways in which the community can participate in the development, implementation and periodic review and update of the local wellness policy through a variety of means appropriate for the district. The district will also ensure that communications are culturally and linguistically appropriate to the community, and accomplished through means similar to other ways that the district and individual schools are communicating important school information with parents.

Nutrition Promotion and Nutrition Education

Nutrition promotion and nutrition education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, by creating food environments that encourage healthy nutrition choices and by encouraging participation in school meal programs. Students and staff will receive consistent nutrition messages throughout the school environment. Nutrition promotion also includes marketing and advertising nutritious foods and beverages to students and is most effective when implemented consistently through a comprehensive and multi-channel approach by staff, teachers, parents, students and the community.

School Meals

All schools within the district participate in U.S. Department of Agriculture (USDA) child nutrition programs, administered through the Oregon Department of Education (ODE), including the National School Lunch Program (NSLP), the School Breakfast Program (SBP), Summer Food Service Program (SFSP), or others. The district also operates additional nutrition-related programs and activities that may include Farm-to-School programs, school gardens, Breakfast in the Classroom, Mobile Breakfast carts or Grab ‘n’ Go Breakfast.

Staff Qualifications and Professional Development

All school nutrition program directors, managers and staff will meet or exceed hiring and annual continuing education/training requirements in the USDA Professional Standards for Child Nutrition Professionals.
Water

Free, safe, unflavored, drinking water will be available to all students throughout the school day and throughout every school campus. The district will make drinking water available where school meals are served during mealtimes.

Competitive Foods and Beverages

All foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day and extended school day will meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snacks Standards¹. These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, à la carte options in cafeterias, vending machines, school stores and snack or food carts.

Celebrations and Rewards

All foods offered on the school campus are encouraged to meet the nutrition standards set by the USDA and the Oregon Smart Snacks Standards. This includes, but is not limited to, celebrations, parties, classroom snacks brought by parents, rewards and incentives.

Fund Raising

Foods and beverages that meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snacks Standards may be sold through fund raisers on the school campus during the school day.

Food and Beverage Marketing in Schools

Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snacks Standards.

“Food and beverage marketing” is defined as advertising and other promotion in schools. Food and beverage marketing often includes an oral, written or graphic statement made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product.

Physical Activity and Physical Education

Physical activity should be included in the school’s daily education program for grades pre-K through 12 and include regular, instructional physical education, as well as co-curricular activities and recess.

¹Oregon Department of Education, Oregon Smart Snacks Standards
The Board realizes that a quality physical education program is an essential component for all students to learn about and participate in physical activity. The district will develop and assess student performance standards [and program minute requirements\(^2\)] in order to meet the ODE’s physical education content standards [and state law\(^3\)]. Every public school student in kindergarten through grade 8 shall participate in physical education for the entire school year. Students in kindergarten through grade 5 shall participate for at least 150 minutes during each school week, and students in grades 6 through 8 for at least 225 minutes per school week. At least 50 percent of the weekly physical education class time shall be devoted to actual physical activity. Instruction, provided by adequately prepared teachers, will meet the state adopted academic content standards for physical education (Oregon Revised Statute (ORS) 329.045). Teachers of physical education shall regularly participate in professional development activities.

A student with a disability shall have suitably adapted physical education incorporated as part of their individualized education program (IEP) developed under ORS 343.151. A student who does not have an IEP but has chronic health problems, other disabling conditions or other special needs that preclude them from participating in regular physical education instruction, shall have suitably adapted physical education incorporated as part of their individualized health plan, developed by the district.\(^4\)

**Other Activities that Promote Student Wellness**

The district will integrate wellness activities throughout the entire school environment (district-wide), not just in the cafeterias, other food and beverage venues and physical activity facilities. The district will coordinate and integrate other initiatives related to physical activity, physical education, nutrition and other wellness components so all efforts are complimentary, not duplicated and work toward the same set of goals and objectives promoting student well-being, optimal development and strong educational outcomes.

**Nutrition Promotion and Nutrition Education**

Nutrition promotion supports the integration of nutrition education throughout the school environment. Nutrition education topics shall be integrated within the sequential, comprehensive health education program taught at every grade level, prekindergarten through grade 12, and coordinated with the district’s nutrition and food services operation.

**Nutrition Guidelines**

It is the intent of the Board that district schools be proactive in encouraging students to make nutritious food choices. All food and beverage items sold to students in a K–12 public school as part of the regular or extended school day shall meet the minimum state and federal requirements. Exceptions to this requirement include items that are part of the USDA National School Lunch Program or School Breakfast Program. Other exceptions are foods and beverages provided in the following instances:

1. When the school is the site of school-related events or events for which parents and other adults are a significant part of an audience; or

\(^2\)The physical education minute requirements a result of House Bill (HB) 3141 (2007) and were effective with the 2017-2018 school year. The brackets remain around this language in the sample policy EFA in anticipation of a potential two-year delay for the requirement, due to pending legislation in the current Legislative session (2017).

\(^3\)Ibid. p. 5

\(^4\)Ibid. p. 5

Local Wellness Program - EFA

5-7
2. The sale of food or beverage items before, during or after a sporting event, interscholastic activity, a play, band or choir concert.

Although the Board believes that the district's nutrition and food services operation should be financially self-supporting, it recognizes, however, that the nutrition program is an essential educational and support activity. Therefore, budget neutrality or profit generation must not take precedence over the nutrition needs of its students. In compliance with federal law, the district's NSLP and SBP shall be nonprofit.

The superintendent is directed to develop administrative regulations to implement this policy, including such provisions as may be necessary to that address all food and beverage items sold and/or served to students in district schools at school (i.e., competitive foods, snacks and beverages sold from vending machines, school stores, and fund-raising activities and refreshments that are made available at school parties, celebrations and meetings), including provisions for staff development, family and community involvement and program evaluation. These food and beverage items include competitive foods, snacks and beverages sold from vending machines and school stores, and similar food and beverage items from fund-raising activities and refreshments that are made available at school parties, celebrations and meetings.

Physical Activity

The Board realizes that a quality physical education program is an essential component for all students to learn about and participate in physical activity.

Physical activity should be included in a school’s daily education program for grades pre-K through 12.

Physical activity should include regular instructional physical education as well as co-curricular activities and recess. The district will develop and assess student performance standards in order to meet the Oregon Department of Education’s physical education content standards and state law.

Reimbursable School Meals

The district may enter into an agreement with the Oregon Department of Education (ODE) to operate reimbursable school meal programs. The superintendent will develop administrative regulations as necessary to implement this policy and meet the requirements of state and federal law. These guidelines shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of section 10 of the Child Nutrition Act (42 U.S.C. 1779) and section 9(f)(1) and 17(a) of the Richard B. Russell National School Lunch Act (42 U.S.C. 1758(f)(1), 1766(a)(0).

Other School-Based Activities

The district will promote district and community-based activities that foster healthy eating and create environments that promote physical activity. Families and the community will be encouraged to provide healthy food choices in all situations where food is served. Educational workshops, screenings and literature related to healthy food choices and physical activity may be offered to families.
Evaluation of the Local Wellness Policy

The Board will involve staff (including but not limited to, physical education and school health professionals), parents, students, representatives of the school food authority, public health professionals, school administrators and the public in the development, implementation and periodic review and yearly update of this policy. In an effort to measure the implementation of this policy the Board designates the superintendent as the person who will be responsible for ensuring each school meets the goals outlined in this policy. The district will make available to the public annually, an assessment of the implementation, including the extent to which the schools are in compliance with policy, how the policy compares to model policy and a description of the progress being made in attaining the goals of this policy.

END OF POLICY

Legal Reference(s):

ORS 329.496  OAR 581-051-0100  OAR 581-051-0310
ORS 332.107  OAR 581-051-0305  OAR 581-051-0400
ORS 336.423  OAR 581-051-0306

School Breakfast Program, 7 C.F.R. Part 220.
Discussion:
Policy EFA-AR was presented at the May 8, 2017 regular meeting for first reading and is recommended for adoption.

Recommendation:
Approve

1617-447 ADOPT POLICY EFA-AR LOCAL WELLNESS PROGRAM
BE IT RESOLVED THAT Policy EFA-AR be approved.
Local Wellness Program

The district’s comprehensive age-appropriate nutrition program will be implemented in district schools in accordance with the following requirements:

Definitions

1. “Accompaniment foods” means food items served along with another food to enhance palatability such as butter, jelly, cream cheese, salad dressing, croutons and condiments.

2. “Combination foods” means products that contain two or more components representing two or more of the recommended food groups: fruit; vegetable; dairy; protein; or grains.

3. “Competitive foods” means any food or drink sold in competition with the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP) during the school day.

4. “Entree item” means an item that is either:
   a. A combination food of meat or meat alternate and whole grain rich food; or
   b. A combination food of vegetable or fruit and meat or meat alternate; or
   c. A meat or meat alternate alone with the exception of yogurt, low-fat or reduced fat cheese, nuts, seeds and nut or seed butters and meat snacks (such as dried beef jerky); or
   d. Grains only when served in the SBP.

5. “Food service area” means any area on school premises where NSLP or SBP meals are both served and eaten, as well as any areas in which NSLP or SBP meals are either served or eaten.

6. “Meal period” means the period(s) during which breakfast or lunch meals are served and eaten, and as identified on the school schedule.

7. “Nutrition education” means a planned sequential instructional program that provides knowledge and teaches skills to help students adopt and maintain lifelong healthy eating habits.

8. “Oregon Smart Snacks Standards”\(^1\) means the minimum nutrition standards for competitive foods and beverages.
   a. Food items, including accompaniment foods, must:
      (1) Be a grain product that contains 50 percent or more whole grains by weight or have as the first ingredient a whole grain (e.g., flour, flake or meal); or

\(^1\)Oregon Department of Education, Oregon Smart Snacks Standards
(2) Have as the first ingredient, one of the non-grain major food groups: fruits; vegetables; dairy or protein foods (e.g., meat, beans, poultry, seafood, eggs, nuts, seeds); or

(3) Be a combination food that contains one-quarter cup of fruit and/or vegetable; or

(4) Have one of the food items above as a second ingredient if water is the first ingredient; and

(5) Meet all the competitive food nutrient standards:

(a) Calories:

   (i) Snacks contain no more than:

      1) 150 calories as packaged or served for elementary level;
      2) 180 calories as packaged or served for middle school level; and
      3) 200 calories as packaged or served for high school level.

   (ii) Entrees contain no more than 350 calories as packaged or served.

(b) Total fat: contains 35 percent or less of total calories from fat per item as packaged or served.

Exemptions to the total fat standard are granted for reduced fat cheese and part-skim mozzarella cheese, nuts, seeds, nut or seed butters, products consisting of only dried fruit with nuts and/or seeds with no added nutritive sweeteners or fat and seafood with no added fat.

(c) Saturated fat: contains no more than 10 percent of total calories from saturated fat per item as packaged or served.

Exemptions to the saturated fat standard are granted for reduced fat cheese and part-skim mozzarella cheese, nuts and products consisting of only dried fruit with nuts and/or seeds with no added nutritive sweeteners or fat.

(d) Transfat: contains 0 grams of trans fat per item as packaged or served.

(e) Sugar must be no more than 35 percent by weight.

   (i) Exempt from the sugar standard are:

      1) Dried whole fruits or vegetables;
      2) Dried whole fruit or vegetable pieces;
      3) Dehydrated fruits or vegetables with no added nutritive sweeteners; and
      4) Dried fruits with nutritive sweeteners that is required for processing and/or palatability purposes (i.e., cranberries, blueberries, tart cherries).

(f) Sodium:

   (i) Snacks contain no more than 200 mg sodium per item as packaged or served.
   (ii) Entrees contain no more than 480 mg sodium per item as packaged or served.
(g) Caffeine free, except for naturally occurring trace amounts, for elementary and middle school level.

(h) Exempt from all nutrients standards on any day are:

(i) Fresh, canned and frozen fruits or vegetables with no added ingredients except water.
(ii) Fruit packed in 100 percent juice, extra light or light syrup.
(iii) Canned vegetables that contain a small amount of sugar for processing purposes.

(i) Entrees in same or smaller portion served on the day or the day following in the National School Lunch or School Breakfast Programs are exempt from the nutrient standards for:

(i) Calories;
(ii) Total fat;
(iii) Saturated fat;
(iv) Transfat;
(v) Sodium; and
(vi) Sugar.

b. Beverages must be:

(1) For elementary level students:

(a) Plain water, carbonated or uncarbonated, with portion size unlimited;
(b) Lowfat milk (unflavored), with portion size not to exceed 8 ounces and 150 calories;
(c) Nonfat milk (including flavored), with portion size not to exceed 8 ounces and 150 calories;
(d) Nutritionally equivalent milk alternatives, portion size not to exceed 8 ounces and 150 calories;
(e) Full strength, unsweetened fruit or vegetable juices, portion size not to exceed 8 ounces and 120 calories;
(f) Fruit and vegetable juice that is 100 percent juice diluted with water, carbonated or uncarbonated, and no added sugar or sweeteners with portion size not to exceed 8 ounces and 120 calories;
(g) Caffeine free, except for naturally occurring trace amounts.

(2) For middle school level students:

(a) Plain water, carbonated or uncarbonated, with portion size unlimited;
(b) Lowfat milk (unflavored), portion size not to exceed 10 ounces and 190 calories;
(c) Nonfat milk (including flavored), portion size not to exceed 10 ounces and 190 calories;
(d) Nutritionally equivalent milk alternatives, portion size not to exceed 10 ounces and 190 calories;
(e) Full strength, unsweetened fruit or vegetable juices, portion size not to exceed 10 ounces and 150 calories;
(f) Fruit and vegetable juice that is 100 percent juice diluted with water, carbonated or uncarbonated, and no added sugar or sweeteners with portion size not to exceed 10 ounces and 150 calories;
(g) Caffeine free, except for naturally occurring trace amounts.

(3) For high school level students:

(a) Plain water, carbonated or uncarbonated, with portion size unlimited;
(b) Lowfat milk (unflavored), portion size not to exceed 12 ounces and 225 calories;
(c) Nonfat milk (including flavored), portion size not to exceed 12 ounces and 225 calories;
(d) Nutritionally equivalent milk alternatives, portion size not to exceed 12 ounces and 225 calories;
(e) Full strength, unsweetened fruit or vegetable juices, portion size not to exceed 12 ounces and 180 calories;
(f) Fruit and vegetable juice that is 100 percent juice diluted with water, carbonated or uncarbonated, and no added sugar or sweeteners with portion size not to exceed 12 ounces and 180 calories;
(g) Low or no calorie beverage is less than 5 calories per 8 ounce serving or less than or equal to 10 calories per 20 fluid ounces, portion size not to exceed 20 ounce serving;
(h) Other beverages are not to exceed 40 calories per 8 fluid ounces (or 60 calories per 12 fluid ounces) with portion size not to exceed 12 ounces.

c. Use the nutrient standard for the lowest grade group when mixed grades have open access to competitive foods.

9. "School day" means a student education day beginning at midnight and ending at the conclusion of afternoon student activities, such as athletic, music or drama practices, clubs, academic support and enrichment activities.

10. "School campus" means all areas of property under the jurisdiction of the school that are accessible to students during the school day.

11. "Snack" means a food that is generally regarded as supplementing a meal and includes, but is not limited to, chips, crackers, onion rings, nachos, french fries, doughnuts, cookies, pastries, cinnamon rolls and candy.

Nutrition Promotion and Nutrition Education

Nutrition promotion and nutrition education shall be a sequential and integrated focus on improving students' eating behaviors, reflect evidence based strategies and be consistent with state and local district health education standards.
Nutrition education at all levels of the district's curriculum shall include the following essential components designed to help students learn:

1. Age-appropriate nutritional knowledge, including the benefits of healthy eating, essential nutrients, nutritional deficiencies, principles of healthy weight management, the use and misuse of dietary supplements, safe food preparation, handling and storage and cultural diversity related to food and eating;

2. Age-appropriate nutrition-related skills, including, but not limited to, planning a healthy meal, understanding and using food labels and critically evaluating nutrition information, misinformation and commercial food advertising; and

3. How to assess one's personal eating habits, set goals for improvement and achieve those goals.

**Food and Beverage Marketing**

The district (i.e., school nutrition services, athletics department, PTA, PTO) will review existing contracts, new contracts and equipment and product purchase or replacement to reflect the applicable food and beverage marketing guidelines established by the district wellness policy.

"Food and beverage marketing" is defined as advertising and other promotions in schools. Food and beverage marketing often includes oral, written or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product.

This term includes, but is not limited to, the following:

1. Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage product or its container;

2. Displays, such as on vending machine exteriors;

3. Corporate brand, logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards.

Note: Immediate replacement of these items is not required; however, districts will replace or update scoreboards or other durable equipment when existing contracts are up for renewal or to the extent that is financially possible over time so that items are in compliance.

4. Corporate brand, logo, name or trademark on cups used for beverage dispensing, menu boards, coolers, trash cans and other food service equipment; as well as on posters, book covers, student assignment books or school supplies displayed, distributed, offered or sold by the district;

5. Advertisements in school publications or school mailings;

6. Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product.
Physical Activity and Physical Education

In order to insure students are afforded the opportunity to engage in physical activity and physical education in the school setting, the following guidelines apply:

1. Physical activity will be integrated across curricula and throughout the school day. Movement will be made a part of all classes or courses as part of a well-rounded education;

2. Physical education will be a course of study that focuses on students’ physical literacy and development of motor skills;

3. Physical education courses will be the environment where students learn, practice and are assessed on developmentally appropriate knowledge, skills and confidence to become physically literate;

4. All physical education classes will be taught by licensed physical education teachers and/or appropriately licensed teachers as outlined by the Teacher Standards and Practices Commission (TSPC);

5. Daily recess period(s) will be provided

Nutrition Guidelines and Food Services Operation

In order to support a school’s nutrition and food services operation as an essential partner in the educational mission of the district and its role in the district’s comprehensive nutrition program, the principal is responsible for ensuring:

1. The school encourages all students to participate in the school’s NSLP and SBP meal opportunities;

2. The school notifies families of need-based programs for free or reduced-price meals and encourages eligible families to apply;

3. The school’s NSLP and SBP maintain the confidentiality of students and families applying for or receiving free or reduced-priced meals in accordance with the National School Lunch Act;

4. The school’s NSLP and SBP operate to meet dietary specifications in accordance with the Healthy, Hunger-Free Kids Act of 2010 and applicable state laws and regulations;

5. The school sells or serves varied and nutritious food choices consistent with the applicable nutrition standards set by the USDA and the Oregon Smart Snacks Standards. A school or district, that operates or contracts the food service component of their NSLP and SBP, shall form a nutrition advisory committee comprised of staff, students and parents. Cultural norms and preferences will be considered;

6. Food prices set by the district are communicated to students and parents. District pricing strategies will encourage students to purchase full meals and nutritious items;

7. Procedures are in place to provide families, on request, information about the ingredients and nutritional value of the foods served;
8. Modified meals are prepared for students with special dietary needs:
   a. The district will provide substitute foods to students with a disability\(^2\) that restricts their diet, when supported by a written statement from a state-licensed health care professional who is authorized to write medical prescriptions.
   b. Such substitutions will be provided only when a medical statement from the licensed health care professional is on file at the school. The medical statement must state the nature of the child’s impairment so its effect on the student’s diet is understood, and what must be done to accommodate the impairment.

9. Food service equipment and facilities meet applicable local and state standards concerning health, safe food preparation, handling and storage, drinking water, sanitation and workplace safety;

10. Students are provided adequate time and space to eat meals in a pleasant and safe environment. School dining areas will be reviewed to ensure:
    a. Tables and chairs are of the appropriate size for students;
    b. Seating is not overcrowded;
    c. Students have a relaxed environment;
    d. Noise is not allowed to become excessive;
    e. Rules for safe behavior are consistently enforced;
    f. Tables and floors are cleaned between meal periods;
    g. The physical structure of the eating area is in good repair; and
    h. Appropriate supervision is provided.

11. The guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of section 10 of the Child Nutrition Act (42 U.S.C. § 1779) and sections 9(f)(1) and 17(a) of the Richard B. Russell National School Lunch Act (42 U.S.C. § 1758(f)(1), § 1766(a)), as those regulations and guidance apply to schools.

**Competitive Food Sales**

In keeping with federal regulations, the district controls the sale of all competitive foods. Accordingly, the district will select food items that meet the Oregon Smart Snacks Standards.

The sale of foods and beverages in competition with the district’s NSLP and SBP meals shall be permitted when all income from the food sales accrues to the benefit of the district’s nutrition and food services operation or a school or student organization as approved by the Board.

**Other Foods Offered or Sold**

Foods and beverages sold in classrooms or school-sponsored activities during the school day shall follow the Oregon Smart Snacks Standards.

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\(^2\)To comply with Section 504 as it relates to a student’s severe food allergy, such as milk, gluten, nut or soy, and including but not limited to diabetes, colitis, etc.
Foods and beverages that meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snacks Standards may be sold through fund raisers on the school campus during the school day.

Other Activities that Promote Student Wellness

The district may provide the following activities and may encourage the following practices which promote local wellness:

1. Safe Routes to Schools Program;
2. Physically active community engagement (e.g., skate night, fun run, dance night);
3. Nonfood-related fund raisers;
4. Physical activity brain breaks during transitions from one subject to another;
5. Intramural After school sports;
6. Regularly scheduled school walks;
7. The use of alternates to food as rewards in the classroom;
8. Communication between classroom teachers and nutrition staff, so that menus and nutrition promotion can be tied into classroom learning and coursework;

Staff Development

Ongoing pre-service and professional development training opportunities for staff will be encouraged. Staff responsible for nutrition education will be encouraged to participate in professional development activities to effectively deliver the nutrition education program as planned. Nutrition and food services personnel will receive opportunities to participate in professional development activities that address strategies for promoting healthy eating behavior; food safety; maintaining safe, orderly and pleasant eating environments; and other topics directly relevant to the employee’s job duties. The principal and/or food service management staff are responsible to ensure such training is made available, including, but not limited to, the following:

1. Personnel management;
2. Financial management and record keeping;
3. Cost- and labor-efficient food purchasing and preparation;
4. Sanitation and safe food handling, preparation and storage;
5. Planning menus for students with special needs and students of diverse cultural backgrounds;
6. Customer service and student and family involvement;
7. Marketing healthy meals;

8. Principles of nutrition education, including selected curriculum content and innovative nutrition teaching strategies; and

9. Awareness of behavioral messages staff provide as role models.

**Family and Community Involvement**

In order to promote family and community involvement in supporting and reinforcing nutrition education in the schools, the principal is responsible for ensuring:

1. Nutrition education materials and cafeteria menus are sent home with students K-5 and grades 6-12 within newsletter with links to web page;

2. Parents are encouraged to send healthy snacks/meals to school;

3. Parents and other family members are invited to periodically eat with their student in the cafeteria;

4. Families are invited to attend exhibitions of student nutrition projects or health fairs;

5. Nutrition education information workshops and screening services are is offered;

6. Nutrition education homework that students can do with their families is assigned (e.g., reading and interpreting food labels, reading nutrition-related newsletters, preparing healthy recipes, etc.);

7. Staff are encouraged to cooperate within their own schools and with other agencies and community groups to provide opportunities for student volunteers or paid work related to nutrition, as appropriate;

8. Staff Schools encourages and provides support for parental involvement in their children’s physical education.

9. Materials promoting physical activity are made available to students and families.

**Program Evaluation**

In order to evaluate the effectiveness of the local wellness program in promoting healthy eating, increased physical activity among students, and to implement program changes as necessary to increase its effectiveness, the superintendent or designee is responsible for ensuring:

1. Board policy and this administrative regulation are implemented as written;

2. All building, grade-level nutrition education curricula and materials are assessed for accuracy, completeness, balance and consistency with state and local district educational goals and standards;

3. Nutrition education is provided throughout the student’s school years as part of the district’s age-appropriate, comprehensive nutrition program, and is aligned and coordinated with the Oregon Health Education Standards and school health education programs;
4. Teachers deliver nutrition education through age-appropriate, culturally relevant, participatory activities that include social learning strategies and activities that are aligned and coordinated with the Oregon Health Education Standards and school health education programs;

5. Teachers and school nutrition and food services personnel have undertaken joint project planning and action;

6. Teachers have received curriculum-specific training;

7. Families and community organizations are involved, to the extent practicable, in nutrition education; and

8. Principals and/or food service management staff within the district or at each school, as appropriate, will be charged with the operational responsibility of ensuring that the policy and administrative regulations are followed and will develop an evaluation plan to be used to assess the district's level of compliance with state and federal requirements.