An important element in the successful implementation of any curricular program is parent, guardian, and community involvement. Based on feedback from our materials adoption process, the Oregon City School District is providing you with timely communication regarding your student’s participation in our newly adopted health curriculum. At least two weeks prior to the start of a new unit, you will receive a notification letter from the district and a family newsletter provided by the classroom teacher. For Units 5, 6, and 8, an opt out form will be attached to this communication. We strongly encourage you to preview the materials prior to opting out of instruction so that you may make the most informed decision possible.

Beginning on November 5, 2018, your student will begin Unit 2 of our curriculum which has four lessons focused on Functions of the Body. The topics by grade level are as follows:

**Kindergarten: The Five Senses**
- What are the Senses? (The Five Senses), Our Senses Help Us Learn, Let’s Use Our Senses (How Senses Help Us Avoid Danger, Such As Tasting Other People’s Medication), Problems With Senses (Impairment of Senses, Developing Empathy, Being Helpful to Those in Need, The Risk of Smoking and Chewing Tobacco)

**1st Grade: Head to Toe**
- Head to Toe (Identifying the Brain, Heart, Lungs, Bones, Skin), Blood Goes Around and Around (Vascular System), I Take Good Care of My Body, My Body is Extra Special (Respecting Physical Differences and Uniqueness)

**2nd Grade: How You Think**
- How You Think (Functions of the Brain), Using Your Brain, Think About Thinking (Perspective & Decision Making, Refusal Skills, Emotions), Take Care of Your Brain (Protecting Yourself From Injury, Epilepsy & Seizures)

**3rd Grade: The Better to See You**
- Your Eyes - How Do They Work?, What Do We Really See? (Perceptions & Perspective Taking), Eye Problems, Protecting Your Eyes

**4th Grade: Let’s Talk Teeth**
- How Teeth Are Built (Includes Avoiding Teasing Related to Physical Appearance of Teeth, Defines Verbal Abuse), Those Useful Teeth, Caring For Your Teeth, Teeth Problems and Solutions

**5th Grade: Brainstorms: Your Central Nervous System**
- The Amazing Brain, Sending Signals (Central Nervous System), Drugs and the Damage They Do (Effects of Drugs, Refusal Skills), Injuries & Disorders (Related to the Brain, Spinal Cord Injuries)

If you are interested in viewing the curriculum, you may make an appointment with your school principal. You may also view the materials at our District Office at any time during the school year. We are happy to answer any questions that you may have and we encourage you to view any and all materials that will help you to make an informed decision about your child’s instructional experience.

Sincerely,

Kyle Laier, Assistant Superintendent of Teaching and Learning
Sara Deboy, Associate Director of Teaching and Learning